

# **BLUEBIRD INFANT ROOM TRANSITION SHEET**

## General Schedule

The General Schedule is included on a separate page. Infants 2 weeks to 3 months old will be on a different feeding schedule until they are ready to transition to the General Schedule (feeding schedule will be discussed with the parents prior to infant's start date).

## **Supplies**

Two Bins (containers) are assigned for each child labeled with their name. The top bin is designated for bottles, cereal and food. The bottom bin is designated for changes of clothing. The following are supplies that will be needed by your child:

1. 1 Package of Diapers (Label the package with your child's name)
2. Diaper Rash Cream or Ointment and Sunscreen (Label the tube/bottle with your child's name.)
3. Pacifier Policy: Pacifiers are only allowed during nap time due to State/CDC guidelines.
4. At least 2 complete changes of clothing that are appropriate for the season. This includes pants, shirts, and socks.
5. 2 Crib Sheets (in the event that one becomes soiled) along with a Sleep Sack labeled with your child's name. Sleep sacks should be sleeveless and fit close to size of infant. NO blankets allowed in the infant room.
6. The appropriate number of bottles needed for the day (normally 3) plus 1 extra labeled with your child's full name, the date you are bringing it into the school, and the contents (breast milk or formula). For those infants that are on formula, 3 bottles should be filled with the appropriate number of ounces of water to be mixed with formula. A 16oz unopened plastic bottle of water is to be provided should it be needed in the event the infant requires another bottle.
7. Bring bottles, food, etc. in a cloth bag reasonable sized because the bag will also be used to send dirty bottles, etc. home at the end of each day. NO LARGE bookbags or diaper bags.
8. Please provide your choice of snack for your infant when ready to begin eating. We will have extras on demand as needed.
9. You may leave a car seat but may not leave any covers, toys, pacifiers or blankets in the seat. It must be empty. Please label the car seat as well.

All other supplies will be provided by Bluebird.

It is a requirement of the KDHE (State of Kansas) that all of the required forms for admission to the school be completed and submitted prior to the infant's start date. The Department of Health and Education does not allow a child to attend the school without having them on file.

## **Medications**

No over-the-counter or prescription drugs will be administered to your child. In the event it is needed you may come to the school to administer medication to your child. We have found the majority of prescribed medications are given before a child arrives at school and the next dose is due after they have arrived home from school.

The exceptions are as follows: medications associated with asthma and an EpiPen.

Anytime that your child has a scheduled appointment with their doctor at which they will be administered an immunization(s), you are required to bring a copy of the doctor's shot record indicating the immunization(s) given so that we can update our records as required by the State.

## **Communication**

All classrooms have their own designated Brightwheel for parents and teachers to have open communication. All pictures will be sent through the Brightwheel as well as updates on lesson plans and goals that we are working on in the Infant room. You will also receive supply updates through the email. The best time to reach your teacher is during the scheduled nap time.

The director email, phone number and school phone are also available below.

Tiffany Basinger, Bluebird Director

Director Phone: 913-433-8949

School Phone: 913-660-3860

## INFANT ROOM SCHEDULE

### General Daily Schedule

7:30 a.m.	<b><u>Infant Room Open</u></b>
7:30 a.m. – 8:30 a.m.	Open Play Time/Receive Parents & Children
8:30 a.m.	Check/Change Diapers
9:00 a.m. – 9:45 a.m.	Snack Time/Bottle Feedings Outdoor Play (Weather Permitting)
9:45 a.m.	Check/Change Diapers & Prepare for Morning Nap
10:00 a.m. – 10:45 a.m.	Naptime (Teachers Clean & Lessons/Art Preparation)
10:45 a.m. – 11:00 a.m.	Check/Change Diapers & Prepare for Circle Time
11:00 a.m. – 11:30 a.m.	Circle Time & Lesson Plans
11:30 a.m. – 12:00 p.m.	Lunchtime
12:00 a.m.	Bottle Feedings
12:45 p.m. – 1:00 p.m.	Check/Change Diapers & Prepare for Afternoon Nap
1:00 p.m. – 2:45 p.m.	Afternoon Nap (Teachers Clean, Trash & Lessons/Art Preparation)
2:45 p.m. – 3:00 p.m.	Check/Change Diapers
3:00 p.m. – 3:45 p.m.	Snack Time/Bottle Feedings
3:45 p.m. – 4:30 p.m.	Outdoor Play (Weather Permitting) or Circle Time Open Play/Tummy Time/Practice Sitting/Read Books
4:30 p.m. – 5:30 p.m.	Open Play/Parent Pick Up Remaining Teachers – End of Day Cleanup
5:30 p.m.	<b><u>Infant Room Closed</u></b>

## EDUCATIONAL GOALS

### PHYSICAL:

- Responds to sound and touch.
- Follows moving objects with eyes by 3 months.
- Sucks and grasps objects.
- Moves first by rocking, twisting, pivoting, then crawls scoots, and/or pulls up/walks.
- Puts everything in mouth.
- Learns to transfer things from one hand to the other hand.

### BRAIN DEVELOPMENT:

- Develop awareness of own body.
- Develop small and large motor skills by learning to control body muscles and learning to pick up things and hold them.
- Develop awareness of own environment.

### COGNITIVE/LANGUAGE:

- Learn through 5 senses and reflexes.
- Develops object permanence (knows objects exist out of sight and searches for them).
- Begins to be aware that certain behaviors bring same responses (cause and effect).
- Actively uses hands to explore environment.
- Language begins with cooing and vowel sounds.
- Will imitate sounds of others.
- Older infant distinguished sounds as words and makes consonant sounds.

### BRAIN DEVELOPMENT:

- Learn that certain behaviors bring same responses (cause and effect).
- Realize that objects not seen still exist (the beginning of reason).
- Use of positive responses by adults when a new skill is performed helps infant gain confidence in ability to learn.
- Learn by interactions with caregiver and through activities going on nearby.
- Two-way communication teaches that words have meaning, and that people will respond to infant's sounds (baby-talk).

### SOCIAL/EMOTIONAL

- Develops sense of trust and attachment.
- Recognizes familiar object and people.
- Expresses affection for others.
- Explores environment in presence of caregiver.
- Copies simple motions. Like clapping.

#### BRAIN DEVELOPMENT:

- Become socially interactive and competent.
- Develop trust, love and security.
- Develop and maintaining trusting relationship with caregiver.

#### SELF HELP:

- Younger infant's needs are met by caregiver.
- Older infant eats with fingers.
- Begins to hold bottle and can later grasp a cup.
- Hold arms out to be held.
- Learns to sit up, reach for things, pull up.

#### ENVIRONMENT:

- Eating area with a place for younger infants to be held and older infants to sit.
- Play area with materials, toys, and activities.
- Diaper changing area.
- Room should not be overheated.
- Caregivers should wash hands often (before feeding an infant, after diaper changes etc.)
- Take infants outside each day, weather permitting, to explore and play in outside space.
- Individual attention, close supervision, and responsive caregiving are critical to future development.

\*We are licensed up to 12 months in the Infant Rooms. Infants MUST be 12 months and walking to transition to our Mover classroom.